



Bagaimana 'hippy crack' menjadi pilihan narkoba anak muda yang populer

Description

Hippy crack, once a popular drug among young people, has seen a significant decline in usage rates in recent years. Usage of nitrous oxide, known as hippy crack, has halved in the wake of the pandemic, according to official figures. This downturn comes following a spate of deaths and serious side effects linked to the substance, leading many young people to shy away from experimenting with it. The drug creates a temporary feeling of relaxation and euphoria but is now less popular among Gen Z compared to other substances like cocaine.

Nitrous oxide, which is relatively cheap to buy and can be inhaled through balloons, has drawn criticism in recent years, especially after incidents involving well-known personalities and young adults. Some former addicts have shared their experiences of using up to 500 cannisters in a single weekend, describing it as more addictive than cocaine. However, experts warn that recreational use of nitrous oxide can lead to serious side effects such as dizziness, weakness in the legs, and impaired memory.

Data from the Office for National Statistics reveals a significant decline in the use of nitrous oxide among young people, with cocaine overtaking it in popularity. Despite its widespread availability and lower cost compared to other recreational substances, the dangerous side effects have deterred many young adults from using hippy crack. Recent horror stories of injuries and deaths associated with nitrous oxide have served as a cautionary tale for the younger generation.

The UK government's crackdown on hippy crack, classifying it as a controlled Class C drug with harsh penalties for dealers and users, has also contributed to the decrease in usage rates. Hippy crack has a long history of recreational use, dating back to 1799, but has now shifted from being a popular drug among segments of society, considering its potential health risks and legal repercussions. While nitrous oxide remains legal for catering and medical purposes, unauthorized use can result in fines, community service, or even jail time.

Ringkasan

Artikel ini membahas penurunan penggunaan nitrous oxide di kalangan remaja, disebabkan oleh meningkatnya kematian dan efek samping yang serius. Penggunaan nitrous oxide, juga dikenal sebagai 'hippy crack' atau 'nos', telah menurun setengahnya setelah pandemi. Pelajar bisnis, Ellen Mercer, merupakan salah satu korban terbaru dari penggunaan substansi ini. Bagaimana pendapat Anda tentang penurunan penggunaan nitrous oxide di kalangan remaja? Apakah Anda pernah mengalami atau melihat efek negatif dari penggunaan nitrous oxide? Sampaikan pendapat Anda di kolom komentar di bawah!

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