



Catatan Penting: Tetap Bersenang-senang Dalam Bertaruh Olahraga Tanpa Berlebihan

Description

North Carolina recently legalized sports gambling during Problem Gambling Awareness Month, showing concern for potential issues that may arise. The North Carolina Department of Health and Human Services is increasing efforts to prevent, treat, and support individuals experiencing harm due to gambling problems. Statistics show that over 5 percent of adults and 10 percent of youths in North Carolina have gambling-related issues, affecting not only the individual but also their family members.

Recognizing the negative impacts of gambling addiction, the state is allocating an additional \$2 million to provide services related to problem gambling and prevention. Efforts are being made to raise awareness of available help for those in need and to spread the message that recovery is possible. One of the focus areas is sports betting, as it is becoming increasingly popular with advertisements for betting apps and sites.

There are signs to watch for that may indicate a gambling problem, such as using betting as a coping mechanism, spending excessive time and money on gambling, borrowing money for bets, and lying about gambling habits. North Carolina has various initiatives in place to assist those struggling with gambling issues, ranging from prevention education on college campuses to funding research on gambling behavior and risks.

By partnering with educational institutions and community organizations, the state aims to educate individuals about the risks of sports betting and implement prevention programs. North Carolina is also collaborating with Tar Heel Athletics to promote responsible gaming campaigns during events like March Madness. If you or someone you know needs help with a gambling problem, the North Carolina Problem Gambling Helpline is available at 877-718-5543, with additional support staff to meet the expected rise in calls.

Ringkasan

North Carolina melegalkan perjudian olahraga di tengah Bulan Kesadaran Perjudian Bermasalah (Maret) ini. Namun, resmi atau tidak, pihak berwenang negara segera memberikan peringatan kepada penduduk agar tidak berlebihan dan mencari bantuan jika mengalami masalah judi. Apa pendapat Anda tentang langkah-langkah pencegahan dan penanganan yang dilakukan pemerintah North Carolina terkait perjudian? Apakah Anda mengenal seseorang yang mungkin memiliki masalah judi? Bagaimana Anda melihat keterlibatan Tar Heel Athletics dalam kampanye perjudian berkelanjutan? Bagikan pendapat Anda di kolom komentar! Jika Anda membutuhkan bantuan, hubungi North Carolina's Problem Gambling Helpline di 877-718-5543.

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