



## Kisah Inspiratif: Wanita Sehat Usia 29 Tewas dengan Eutanasia Setelah Diberitahu Depresi Parahnya Tidak Akan Sembuh

### Description

Zoraya ter Beek, a healthy woman who battled crippling depression for over a decade, made the brave decision to die by euthanasia just weeks after her 29th birthday. She had publicly spoken about her suffering and wish to be euthanized for years. Zoraya's story has sparked a global debate on assisted dying for those with mental health issues.

Assisted dying in The Netherlands is legal since 2002. Dutch law allows patients to qualify for an assisted death after exhausting all reasonable treatments and proving unbearable suffering without prospect of improvement. However, euthanasia remains illegal in the UK, leading to a variety of viewpoints on the controversial topic.

Zoraya's case has brought to light the significance of understanding and compassion towards those with psychological suffering. Critics of euthanasia argue that it could be abused or lead to people being pressured into dying. However, others believe that allowing euthanasia gives individuals the right to a dignified death, free from pain and suffering.

Zoraya's friend wrote a touching tribute, highlighting her tireless efforts in raising awareness about euthanasia in cases of psychological suffering. Despite the controversy surrounding the practice, more people are choosing to be euthanized due to mental health issues. In 2017, 84 out of 6,585 deaths from euthanasia in The Netherlands were based on psychiatric suffering.

The global debate around euthanasia for mental health issues has divided opinions among doctors and ethicists. While some argue that euthanasia can be a compassionate alternative for those with terminal illnesses, critics point to potential risks such as suicide contagion and the glamorization of suicide on social media.

Zoraya's case underscores the importance of open conversations about mental health and the need for access to support services. By sharing practical advice, raising awareness, and breaking down barriers to discussing mental health, we can all contribute to saving lives. Remember, if you or someone you know is struggling with mental health problems, support is available.

## Ringkasan

Zoraya ter Beek, seorang wanita yang sehat secara fisik namun telah berjuang dengan depresi parah selama lebih dari satu dekade, memilih untuk melakukan euthanasia setelah diberitahu oleh dokter bahwa kesehatan mentalnya tidak akan pernah sembuh. Keputusan yang berani ini dibuat dalam upaya untuk mengakhiri hidupnya dengan cara sendiri setelah dicegah oleh dokter bahwa kondisinya tidak akan membaik. Euthanasia menjadi topik yang kontroversial, dengan pendukung yang menyebutnya sebagai pembebasan dari rasa sakit dan kritikus yang memperingatkan akan penyalahgunaan. Bagaimana pendapat Anda tentang euthanasia dalam kasus seperti ini? Menurut Anda, apa yang harus menjadi batasan dalam menerapkan euthanasia? Silakan bagikan pendapat dan komentar Anda di bawah!

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